



In Australia, we are proud of our sporting ability and our reputation as a nation of good sports. Our society expects high standards of behaviour from all people involved in sport and it is vital the integrity of sport is maintained. At every level of sport, the principles of fairness, respect, responsibility and safety should be maintained.

Novocastrian Swimming Club is at all levels, committed to upholding the principles of:

*Fairness:* Operating within the spirit of the rules, never taking an unfair advantage and making informed and honourable decisions at all times.

**Respect:** Recognising the contribution that people make to sport, treating them with dignity and consideration, as well as caring for the property and equipment they use.

Responsibility: Taking responsibility for one's actions and being a positive role model at all times.

*Safety:* Encouraging healthy and safe procedures, preventing and reporting dangerous behaviours, while demonstrating concern for others.

All Novocastrian Swimming Club Inc Members, including swimmers, officials, parents and caregivers are expected to abide by the principles of and within the Novocastrian Code of Conduct. Our Code of Conduct will be enforced, both with respect to our members, and with respect to officials and members of other clubs and sporting associations who we interact with.

All Members (and a Parent/Caregiver if the member is under 18 years of age) are required to SIGN a copy of the Code of Conduct EACH YEAR. Our Code of Conduct applies to all members of the member's family as well as any spectators participating in or attending Novocastrian Swimming Club activities, including club night, squad training, swim meets, development days, team building activities, camps, clinics, and lectures.

The Novocastrian Swimming Club Committee will investigate any breaches of the Code of Conduct reported in writing to the Committee. The complaint and any disciplinary action will be dealt with under the Safe Sport Framework or the Board may by resolution establish a Disciplinary Hearing Committee to convene to hear a matter against any member and to determine what action to take against that Member (Disciplinary Hearing), and that Member, will be subject to, and submits unreservedly to the jurisdiction, disciplinary procedures, penalties and the appeal mechanisms of the Club in this Constitution.

## Swimmer and General Behavioural Guidelines:

- Respect the rights, dignity and worth of all participants regardless of their gender, ability, ethnicity, cultural background, or religion.
- Be fair, considerate, and honest in all dealings with others.
- Be a good sport and applaud all good performances whether they are made by your team or the opposition.
- Treat all participants with respect. Don't interfere with or bully another swimmer.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Work equally hard for yourself and your team.

## Swimmer and General Behavioural Guidelines (cont):

- Cooperate with your coaches, teammates and opponents, management, event staff and officials.
- Never argue with an official. Use the appropriate rules and guidelines to resolve a dispute.
- At all times, control your temper. Verbal or physical abuse is not acceptable.
- Never deliberately distract or provoke an opponent.
- Refrain from any form of abuse, harassment, discrimination, or victimization towards others.
- Never take banned performance-enhancing or other illegal substances.
- Operate within the rules of Swimming NSW and Novocastrian Swimming Club.
- Be a positive role model, be professional and accept responsibility for, one's own actions.

## Parents, Guardian, and Spectator Behavioural Guidelines:

- Remember that children participate in sport for their enjoyment and benefit not yours.
- Encourage children to participate do not force them.
- Focus on the child's efforts and performance, rather than winning or losing.
- Encourage children always to operate according to the rules and to settle disagreements with officials and club committee members using the appropriate rules and guidelines, not resorting to hostility or violence.
- Never criticise or ridicule your child's performance for not swimming well.
- Do not bring Novocastrian Swimming Club's reputation into disrepute by displaying poor behaviours including but not limited to foul language, sledging or harassing others at training, Club night, swim meets or any other representative activity.
- Remember that children learn best by example.
- Support all efforts to remove verbal, electronic (email/text/social media) and physical abuse from sporting activities.
- Respect club committee and officials' decisions and teach children to do likewise.
- Show appreciation for coaches, officials & administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

By becoming a financial member of the Novocastrian Swim Club (Full, Club-Only or Dry Membership), all swimmers, officials, parents and caregivers formally agree to abide by this Code of Conduct at all times, and participate in a way that is in the best interests of all swimmers, families and the Novocastrian Swim Club.